



Big Loss. Big Win.

Our (weight) loss is your gain.

Join in our Success

Real Appeal® is an online weight loss program available to you and eligible family members at no additional cost through your health benefits plan.*

With Real Appeal you get:

- A **Transformation Coach** who leads online group sessions.
- **Online tools** to help track your food, activity, and weight loss progress.
- A **Success Kit** with recipes, scales, workout DVDs, and more — shipped right to your door.



Our Total Weight Loss



702
lbs lost

Join Real Appeal for free at
enroll.realappeal.com

**Real
Appeal®**

Have your health insurance ID card accessible during enrollment.

**Real Appeal is offered at no additional cost to members as part of their medical benefits plan, subject to eligibility requirements.*

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